

LITTLE WORLD CHANGERS SEL PROGRAM OVERVIEW



www.littleworldchangers.com.au



In 2020 Hayley, an experienced teacher, mentor, and leader, realised the desperate need for Social Emotional Learning in our young people because of the overwhelming rise of anxiety and depression in our little people, their teachers and families.

Hayley took a deep dive into all things *social emotional learning*, *positive psychology*, *neuroscience*, *mindfulness* and *research based practices*. That's when she wrote "She Believed She Could Change The World" a SEL resource for little people. Soon after she started the creation of the "Handy Helper" – Little World Changers student guide and program design.

She worked alongside contributors such as; Educational Leaders, Psychologists, Occupational Therapists, Neuroscientists, Mindset Coaches, Mindfulness Teachers and more to create a well developed and well researched program.

Find Research Here



VISION + MISSION

Mission

Happy Communities

Little World Changers aims to put a dent in the mental health statistics in Australia through embedding social emotional learning in our kindergartens and schools.

Vision

Our vision is to be an organisation with integrity and heart for community and long term impact.

Through holistic programs that aim to serve and empower communities through social emotional skills, positive psychology, neuroscience and research based practices.



STAGES OF LWC

01

02

Preparation

Months 1-2

- Understanding the LWC framework
- Needs assessment and data collection
- Teacher training and professional development
- Set up whole school routines (gratitude wall staff + classroom, affirmation stickers/posters, conflict resolution script, etc.)

Implementation

Months 3-9

- Integration of SEL into curriculum
- Implementation of evidence-based strategies
- Community engagement activities
- Ongoing monitoring

03

Evaluation

Months 10-12

- Data analysis and evaluation of the program's impact
- Refinement of the approach based on evaluation findings
- Future planning and sustainability considerations



Cost

PRICING + INCLUSIONS

Families

PHASE ONE

Children

Mindful Minutes 4 x Mindfulness videos. Breathing Techniques 6 x guided breathing videos. Community Projects Engaging projects to connect, empower and inspire children to put their social emotional skills into practice. Gratitude Wall A digital resource to add to each classroom cultivating a culture of gratitude.	SEL Lessons Over 50 lessons that align with both EYLF and ACARA. Gratitude Wall Printable to add the the staff room cultivating a culture of gratitude. Digital Teaching slides Over 50 educator led teaching slides that align with each lesson. Videos Bite-sized videos for inviting more calm into their day. LWC Hub for Educators A hub for educators to access to digital resources and videos by professionals supporting and educating.	Communications Family communications and learning content ideas for social media to inform and involve families. Videos Bite-sized videos for inviting more calm into their day. LWC Hub for Families A hub for families to access to digital resources and videos by professionals supporting and educating.	Presentations Presentations to teach staff everything they need to know about best practice for implementing the LWC program community wide. LWC Hub A hub for families and educators to access all resources and personal and professional learning, including updated research-based resources.	\$1, 600 (\$500/year for online hub access)
My Handy Helper Guide with fun and engaging activities that align with lessons She Believed She Could Change The World Children's story book (digital copy).	LWC Program Manual Complete guide and resources to get started (digital copy).			\$20 per student

\$1, 600 + \$20 (ENROLLED STUDENTS) = 2024 COST

^{*}Prices are subject to change and ongoing cost of the program include \$500/year + \$20 (enrolled students)



SERVICES OFFERED

We are revolutionising education with our innovative Social and Emotional Learning (SEL) program. The holistic approach is designed to empower and inspire big and little people with the use of positive psychology, neuroscience and research-based practices for long lasting impact.

Here's the services we offer as apart of *Phase One* of the program's implementation.

Hub Access

01

Hub access for educators and families to take full advantage of all printable resources as well as bite-sized videos for personal and professional development. Take a look inside <u>here</u>.

LWC Staff Training

02

The online training unpacks everything there is to know as an organisation about understanding SEL and how to implement the Little World Changers program with full fidelity. There are three short presentations.

O3 Consulting

Consulting can be arranged upon the kindergarten or schools request for a fee.



NEXT STEPS



Contact us to organise a chat. If you're local we'd love to come to your community and meet with you, otherwise virtually would be great too!

Thank you!

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